



## Regional 2020-2021 Contest Catalog

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### **BASIC HEALTHCARE SKILLS (Virtual)**

#### **Contest Description**

This is a high school-only event developed and designed to evaluate a contestant's beginning level of health occupations knowledge with topics related to healthcare such as communication skills, knowledge, employability, law and ethics, and work safety. A 5-7 minute demonstration video will be submitted online in lieu of an in person competition.

Demonstration Videos and resumes must be submitted to SkillsUSA California by **January 16, 2021** (details to follow).

#### **Knowledge Performance**

The contest will include an online exam assessing knowledge of basic health care skills. Topics assessed may include but are not limited to: life sciences related to health care, communication skills, employability, law and ethics, and work safety practices.

**Students will complete the exam electronically on January 16, 2021.** Students should be ready to take the exam at their scheduled time. The schedule and times will be emailed to the advisor/contestants by Friday, December 11, 2020. Changes cannot be made to scheduled time slots.

#### **Skill Performance**

Students will submit a 5-7 minute demonstration video demonstrating their knowledge of basic health care skills. The purpose of the presentation is to present a topic related to basic health care through demonstration, display and/or explanation. Topics may include but are not limited to: core therapeutic and clinical skills, emergency care for infants through adults, communication skills, key medical terms and abbreviations, law

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and ethics, and work safety. Students may choose any of the standards and competencies to demonstrate in their video from the National Technical Standards.

### **Student Materials List**

- 5-7 Demonstration Video
- Resume (SkillsUSA Format)

### **Clothing Requirement**

Official Dress is NOT required for Regionals. Clothing must be unbranded with no words, images, or logos. SkillsUSA or SkillsUSA California attire is recommended.

*Note: Check the Contest Guidelines and/or the updates page on the SkillsUSA website:*

[www.skillsusa.org/compete/updates.shtml](http://www.skillsusa.org/compete/updates.shtml)

<https://www.skillsusa.org/competitions/skillsusa-championships/contest-descriptions/>

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